

Nursery

- To show awareness of healthy food choices and impact on our body.
- To have a sense of own immediate family and relations and pets.
- To be able to talk about their body parts and what the function is of each part.
- To draw silhouettes and orally label body parts.
- To be able to identify similarities and differences between themselves and peers.
- To use senses to explore the world around them.
- To be able to notice detailed features of objects in their environment.
- To be able to talk about some of the things they have observed such as plants, animals, natural and found objects.

Reception

- To make comments about their observations.
- To talk about the role of healthy food and exercise in staying healthy.
- To begin to ask questions about familiar aspects of their environment and their learning.
- To be able to give facts about a specified subject.
- Listen attentively and respond to what they hear with relevant questions.
- Offer explanations for why things might happen.
- To show good practice with regard to exercise, eating, sleeping and hygiene.
- To be able to balance and coordinate safely.
- To talk about how they have changed since they were a baby.
- To talk about the changes, they observe in their environment – Seasons link.
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- Talking about the life cycle of plants and animals and what they need to survive.
- Exploring a range of habitats, looking at why the animal lives like that.
- To identify and sort healthy/unhealthy foods.
- To identify and group a range of fruits and vegetables.
- Explore the natural world around them, making observations and drawing pictures of animals and plants.
- Know some similarities and differences between the natural world around them and contrasting environments, drawing on their experiences and what has been read in class.
- Understand some important processes and changes in the natural world around them, including the seasons and changing states of matter.

