



Thames Young Mariners

Wednesday 12th – Friday 14th June



Staff Attending

Mrs Simons

Mr Roche

Mrs Gee

Mrs Mason

Mrs Melia

Mrs Eke



Wednesday 12th Arrangements

Drop off your child at school at normal time - bags can be left in the hall

Coach departing around 9.30am.

Final departure arrangements will be shared the week before.

Children **MUST** bring a **PACKED LUNCH**

and a drink.

(no nuts, fizzy or glass bottles please)



Activities:

All activities are led by qualified instructors

A member of CPS staff will be supporting each group

Example timetable:

Session	Time	Claygate Primary 1
WED	09:30 - 11:00	Kayaking (a)
	11:00 - 12:30	Kayaking (a)
	13:30 - 15:00	Challenge Course (a)
	15:00 - 16:30	Team Tasks (a)
	18:00 - 20:30	Woodland Skills (c)
Session	Time	Claygate Primary 1
THUR	09:30 - 12:30	Stand Up Large Paddle Board
	13:30 - 16:30	Orienteering (a)
	18:00 - 20:30	Raft Building (a)
Session	Time	Claygate Primary 1
FRI	09:30 - 12:30	Open Canoeing (a)

Free-time

Sing-alongs

Football

Accommodation

Sleeping in teepees

X10 -12 children per teepee

Staff teepees in same area

Children will be asked to nominate friends they would like to share with

They will be guaranteed to be with at least 1 of the nominated friends.

Equipment Needed: Sleeping bag, pillow, roll mat, torch



Food

All meals are freshly prepared on site and special dietary requirements are catered for.

Sample Menu:

7.30-9am Breakfast: Sausage, bacon, egg, quorn sausage, baked beans, tomato, hash browns, butter and chocolate croissants, bread, toast and spreads, fruit, cereal, yoghurt.

12 -1.30pm Lunch: Baguette/sandwich, crisps, fruit, cookie/muffin/flapjack, drink.

5.30 - 7pm Dinner:

A) Pasta bolognese, macaroni cheese/ratatouille, garlic bread, garden peas, jacket potato, salad bar followed by crumble & custard.

B) Sausage and mash, cauliflower cheese, roast vegetable bake, broccoli, gravy, jacket potato, salad bar followed by butterscotch tart with cream.

C) Chicken fajita, quorn enchiladas, three bean rice, potato wedges, sweetcorn, jacket potato, salad bar followed by eves pudding.



Kit List

- > Trainers (one pair to wear around camp; one pair which WILL get wet – beach type neoprene shoes are perfect)
- > Swimwear
- > x4 changes of clothes (t-shirts, joggers, sweatshirts etc)
- > Coat/jacket for evenings
- > Sun hat & sun lotion
- > Glasses strap
- > Towels
- > Wash kit (toothbrush, toothpaste, shower gel, shampoo etc)
- > Nightwear (pyjamas are ideal)

Wetsuits, cagoules and lifejackets for use during activities are provided by S.O.L.D.)

Items not permitted:

Electronic devices including mobile phones

Sweets and snacks (we will provide some sweets and treats for toasting on the campfire)

Useful tip:

Provide a bin bag or large carrier bags for dirty clothes to be packed in.

No spending money needed!

Medication

All medication to be sent in to school by **Tuesday 11th June**. Medicine must be **clearly named and labelled** including travel sickness medication.

First aid trained staff on site.

Duty staff on call at night in the event of emergency.



Contact during the trip

Twitter

A message will be sent to the office each day.

A member of staff will contact you on the contact numbers you have provided if there are any concerns during the trip. **Please inform the office immediately if your details change.**

Please answer an unknown number - it may be Mrs Simons or Mr Roche calling from a mobile!



What happens next?

- > Children will be asked to nominate their teepee buddies
- > Ensure medical form has been completed

Any further questions?

Please contact Mrs Simons, Mr Roche or Mrs Ali if you have any further questions.

Friday 14th Arrangements

- Coach to drop off at Holy Trinity Church approximately 2.15(ish)
- Please collect your children from the church first .
- Exact timings to be confirmed.

