

# CPS Extreme Heat Risk Assessment

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Focus	Action	RAG
Staff knowledge and awareness	<p>EYFS leads sent 'Looking after children and those in early years settings during heatwaves' guidance and expectation set that this is read and understood by all EYFS staff members  <a href="https://www.gov.uk/guidance/looking-after-children-and-those-in-early-years-settings-before-and-during-hot-weather-teachers-and-other-educational-professionals">https://www.gov.uk/guidance/looking-after-children-and-those-in-early-years-settings-before-and-during-hot-weather-teachers-and-other-educational-professionals</a></p> <p>Ongoing updates to staff; SLT to receive and implement advice from Surrey and other sources. Staff to refer to first aider immediately for any change in pupil condition. Staff to refer to SLT as needed.            Staff and pupils informed of signs, symptoms and treatment of heat stress; reminders of procedures shared.</p>	
Access to drinking water	<p>All CTs to ensure very regular access to drinking water and encourage regular drinking pupils to            Parents reminded to send water bottles; school to provide cups if needed.            Provide water in classrooms and pupils to refill bottles.</p>	
Ventilation and air movement	<p>Staff to ensure doors and windows are open each morning where safe. External doors remain open where suitable for air flow.            When external temperature exceeds internal, close windows/doors partially to maintain cooler indoor temperature.            Provide fans and ensure safe use.            Nursery to use air conditioning all day; use blinds where available.</p>	
Clothing and sun protection	<p>Relaxed uniform: PE kit including trainers allowed; parents notified. Staff dress code relaxed. Children advised to have hair tied up, wear hats and sunscreen.            Children may bring sunscreen for supervised reapplication (parents to complete form).</p>	
Shade and indoor heat reduction	<p>Pupils to stay in shaded areas when outdoors; staff to implement actively. Use sails, gazebos, or pods for extra outdoor shade. Keep electric lighting to a minimum; use blinds to block direct sunlight while allowing light. Use classrooms less prone to overheating; adjust layout to avoid direct sunlight on children. Switch off electrical equipment and lights when not needed to reduce heat gain (including standby mode).</p>	

Playtimes, lunchtimes, PE and strenuous activity	Modify activities to be less strenuous; adapt duration as needed. Provide games/books in shaded areas. Consider working outside in shaded areas when feasible.	
Temperature monitoring	CTs to monitor classroom temperatures and adjust ventilation/use of rooms accordingly.	
Vulnerable individuals (medical conditions)	Provide surveillance for children with medical conditions. Regular checks on children's well-being. Ensure easy access to drinking water and cool areas. Allow extra breaks for cooling down.	

<https://www.healthysurrey.org.uk/seasonal-advice/summer#advice>

Some of the signs of heat-related harm include:

- Feeling dizzy, weak or have intense thirst and headache - move to a cool place as soon as possible. Drink some water or diluted fruit juice to rehydrate, avoid excess alcohol.
- Painful muscular spasms (particularly in the legs, arms or abdomen, for example after sustained exercise during very hot weather) - rest immediately in a cool place and drink electrolyte drinks. Most people should start to recover within 30 minutes and if not, they should seek medical help. Call 111 if you feel unusual symptoms, or if symptoms persist.
- Call 999 if a person develops any signs of [heatstroke](#) as this is a medical emergency.

DfE:

Children under 4 years old and some children, young people and adults with complex medical needs and chronic conditions are potentially at a higher risk during periods of extreme heat. Settings are advised to consider actions

recommended in Chapter 3 of the Heatwave Plan For England which are based on the best evidence and practice available currently and are not intended to be prescriptive. Settings should carry out risk assessments and amend and adapt procedures in a way which is appropriate for the individual medical needs of the children, young people and adults in their setting

KEY

**RAG column:**

Green = fully in place

Amber = in progress

Red = action needed