

# CPS Sports Summary 2020-2021

## What we achieved

*2020-2021 provided more than a few challenges due to Covid. Despite this, Team CPS ensured the continued prioritization of children's physical and mental well-being, delivering a varied curriculum to our children.*

*From the introduction of our new circuit training sessions, to Active PE lessons and many other events, both in-house and beyond, Team CPS ensured we gave our children lots of fun, sporty experiences and challenges.*

Here is a snapshot of what was on offer at CPS:

## Circuit Training

With the health and fitness of every child a priority (especially following lengthy lockdowns), circuit training sessions were introduced. Circuits included: sprints, ladders, skipping and a wide range of activities designed to increase physical stamina and resilience. These 30 minute sessions were led by our specialist sports lead, Mr Williams with increasing individual and group challenges as children honed their skills and developed their stamina throughout the year.

## PE Lessons

Indoor PE was unable to happen due to COVID restrictions and will be a priority next year. Increased outdoor PE provision ensured children continued to enjoy the health benefits of a range of sports requiring different skill sets, including: football, hockey, rugby, netball, cricket, athletics and rounders. These were taught using our progressive *Primary PE* scheme in all weathers.

Our sports lead, Mr Williams, delivered these lessons alongside the class teacher, this increased teaching capacity, provided CPD for the teachers and most importantly ensured every child was involved, supported and challenged.

## Extra-curricular Sports Clubs

As governmental restrictions eased, CPS seized the opportunity to safely resume some sports clubs in the summer term; to the delight of our children. CPS offer included: Year 5 Netball Club, Year 6 Netball Club, Year 5 Football Club and Year 6 Football Club. Each club, reached capacity and enabled those interested in a particular sport to develop their skills further.

*Many thanks to Mrs Gostling, Mr Williams and Mr Hales who ran the clubs.*

## Sports Tournaments and Matches

Following May half term, we resumed sports tournaments, providing our children with the opportunity to compete against other schools. This included:

- Football Tournament: Year 5 girls and boys
- 3 day Cricket Tournament: Years 5 boys and girls
- 3 day Cricket Tournament: Years 6 boys and girls
- 2 day A Team Football Tournament: Year 5 boys and girls
- 2 day A Team Football Tournament: boys and girls
- 2 day Year 6 B Team Football Tournament: boys and girls
- Year 6 Netball Tournament: CPS entered 2 teams
- Year 3 football match v Long Ditton St Mary's Primary School

- Year 6 netball match v Long Ditton St Mary's Primary School

By including B Teams, more children had the opportunity to experience competitions and tournaments and for some, this was the first time they represented CPS in sport.

*Congratulations to both Year 5 and Year 6 boys' teams who won their Football Tournaments.*

*Many thanks to Mrs Gee, Mrs Traylen and Mr Williams for attending and supporting these successful events.*

### **CPS Sports Days**

Due to Covid restrictions, our tried and tested Sports Days were adapted, splitting into multiple Sports Days for each phase to maintain bubble integrity.

Each Sports Day included a carousel of activities, where house teams competed, participating in challenges appropriately differentiated for age and ability so every child was involved, challenged and experienced success. The children worked hard to earn points for their house team and thoroughly enjoyed both individual and team challenges. Activities included: long jump, high jump (KS2 only), javelin, relay sprints, football dribble and many more challenges. *The sports field was vibrant as the children donned their house colours for the event!*

The second section of each Sports Day involved sprint races with distances of 60m-80m according to year group. *This caused great excitement amongst the children as they cheered for their teams.*

As has been a long tradition at Claygate Primary the Year 5 & 6 Sports Day finished with the Year 6 intra-house tug-of-war competition. *Following three exciting, grueling tugs, Foley Team proved to be too strong, working collaboratively to win the tug-of-war.*

#### **House Winners for each sports day:**

- Reception: Arbrook
- Key Stage 1: Arbrook
- Lower Key Stage 2: Arbrook
- Upper Key Stage 2: Foley

#### **Overall winners: Arbrook**

*A huge thanks to all the children in Year 6 and our Sports Captains who helped run these successful events. They organized equipment, ran activities and escorted small groups of children to each of the carousel activities. They were amazing!*

#### **Intra-House Tournaments**

Each half term, each class completed a half term block of PE lessons, deepening their appreciation of rules, skills and tactics for the focus sport. Each block concluded with an intra-house mini tournament, giving all children the experience of taking part in competitive sport and representing their house team.

*Well done to Year 2 who participated in a 'Euros Football Tournament'; the children supported, waving flags zealously which they had designed and created for the occasion. They enjoyed themselves and learned a lot about tournaments and sportsmanship.*

#### **Play and lunch time**

Each bubble was provided with a bag of sports equipment to use, specifically designed to support different physical skills and to facilitate active play. Equipment included: footballs, basketballs, tennis racquets, cricket bats, skipping ropes, frisbees and a range of balls.

Craze of the week was introduced with a weekly focus activity eg: French skipping, diablos, bat and ball. The children were taught the skills etc to use the equipment correctly and safely.

*Sports Captain involvement facilitated pupil voice; feedback from children across the school was very positive.*

### **Sports Visits**

When able, CPS welcomed visitors to deliver specialty PE lessons to specific year groups, further deepening their knowledge of their Focus Sport.

- **Chance to Shine Cricket** worked with Year 1, 2 and 3 teaching cricket skills. The children had the opportunity to apply new skills and to engage in challenging and fun competitive activities and games.
- **Elmbridge Eagles Rugby League** worked with Year 4, putting them through their paces, learning new rugby skills. *It was the muddiest PE lesson the children had experienced - their squeals of glee could be heard around the school.*
- **Chessington Community PE team** ran three different sporting activities for Year 5, providing opportunities for them to return to and apply previously taught skills. *Again, these were thoroughly enjoyed by all!*

*All sessions, led by sports specialists proved to be powerful learning opportunities for all children and provided excellent CPD for the staff.*

*Many thanks to all of the above for coming to CPS to share their knowledge, expertise and enthusiasm with the children and staff.*

*...and finally, despite COVID, CPS ensured high quality sports provision across the school where outside sports were prioritised and our quality PE offer was maintained. With restrictions easing, we look forward to a return of our full sporting programme and full PE curriculum with a greater emphasis on dance and gymnastics 2021-2022.*

*Our wide range of clubs will resume and we plan to increase our extra-curricular offer across the school.*

*Below are just a few pictures telling our PE/sports story.*

Aine Gee  
PE Coordinator